

Soccer

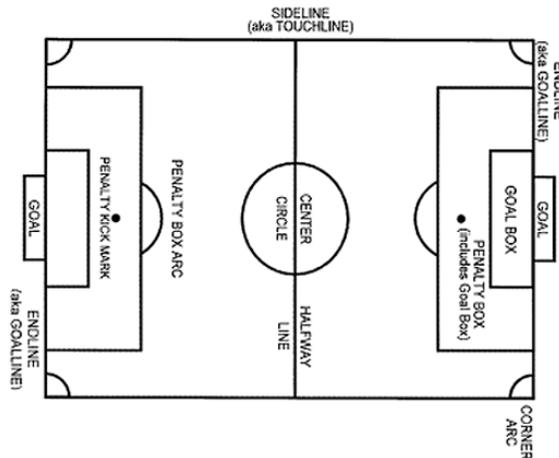
The Game

Two teams of 11 players each play soccer. At the beginning of the game, both teams line up on their own half the field. The game starts with a “kickoff”. The object of the game is for each team to legally advance the ball toward their opponent’s goal and kick it between the goal posts under the crossbar.

The Field

The entire field should include the following areas and markings:

- a. **Halfway line;** the halfway line is drawn across the field connecting the middle points of the 2 sidelines.
- b. **Restraining lines;** a restraining shall be drawn from sideline to sideline five yards from and on each side of the halfway line, parallel with it.
- c. **Two penalty areas;** a semi circle with a radius of 15 yards in front of each goal.
- d. **Penalty kick marks;** the mark is 12 yards from the center of the goal parallel to the goal line.
- e. **Corner kick marks;** the mark is 5 yards from each corner of the goal line.
- f. **Goal posts;** the two upright posts on the goal line six yards apart with a crossbar across them 8 ft. high.



Players

There shall be 11 players on each team.

- a. **Five Forwards**
 1. Left and right wing
 2. Left and right inner
 3. Center
- b. **Three halfbacks**
 1. Left
 2. Right
 3. Center
- c. **Two Fullbacks**
 1. Left
 2. Right
- d. **Goalkeeper**

Player’s Privileges

- a. A player may dribble, volley, block, trap, or pass the ball.
- b. The player may fold her arms to protect from a chest high ball but is not allowed to raise her arms.
- c. A player in possession of the ball may place their body between their opponent and the ball.
- d. A player may kick a ball that is trapped by an opponent if they do not foul.

Soccer Terms

Offensive team: team that has possession of the ball.

Blocking: intercepting the progress of the ball with some part of the body. It is legal to block with the arms and hands if they are in contact with the body.

Carrying: An infringement of the rules by the goalkeeper when he takes more than 2 steps while holding the ball.

Defensive team: team that is attempting to gain control of the ball.

Direct Free kick: a goal may be scored from a free kick when a foul occurs by the defensive team in the penalty area.

Dribbling: a succession of kicks forward in which the player keeps the ball under control and advances it down the field.

Foul: a foul is an infringement of the rules for which a free kick or penalty kick is awarded the opponents.

Handling: contacting the ball with the hand or part of the arm. It is not a foul if they are in contact with the body.

Holding: impeding the progress of a player by placing a hand or extended arm in contact with the player.

Indirect free kick: a goal may not be scored directly from this kick.

Off sides: a player is in an off sides position if they are nearer the opponents goal line than the ball at the moment the ball is played by one of his own team. (Unless he is in his own half the field or there are three of the opponents closer to the goal)

Own Goal: the goal the team is defending.

Own half the field: the half the field your own goal is located.

Passing: advancing the ball from one player to another by means of a kick.

Place kick: a kick made while the ball is stationary on the ground.

Punt: a ball that is dropped and kicked before it hits the ground. Only the goalkeeper may punt the ball in his own penalty area.

Pushing: is thrusting an opponent away with the hand or arm.

Trapping: stopping progress of the ball by securing it under the foot, between both feet, or between the front of the leg and the ground.

Unnecessary roughness: any act that may cause injury to an opponent.

Volley: meeting a ball that is traveling in the air with some part of the body and directing it toward a teammate.

Goal: worth 1 pt.