



## Flag / Touch Football Terms

**Backs-** are the players that ordinarily carry or pass the ball on the offensive team.

**Blocking-** the action taken by the offensive linemen and backs in which the body is used to keep defensive players away from the ball.

**Center-** The offensive lineman that snaps the ball to the quarterback to begin each play.

**Defensive team-** the team that does not have the ball.

**End-** the players located at each end of the line of scrimmage.

**Field goal-** a place kick that passes through the goal posts; usually done on 4th down and is worth 3 points.

**Forward pass-** A pass thrown to a teammate from behind the line of scrimmage.

**Fumble-** An offensive player drops the ball or has it knocked out of his arms while in the act of trying to gain yardage.

**Hand-off-** an offensive play in which the quarterback hands the ball to another back.

**Huddle-** The team with the ball groups together for 30 seconds to decide on the next play from scrimmage.

**Lateral pass-** a backward pass to a teammate behind the line of scrimmage.

**Line of Scrimmage-** the yard line in which the ball is placed to begin each play.

**Lineman-** the players to the right and left of the ball on the scrimmage line.

**Offensive team-** the team that is in possession of the ball.

**Offsides** When a player crosses the line of scrimmage before the ball is snapped or kicked off; penalty 5 yards.

**Punting-** kicking the ball on fourth down to gain better field position.

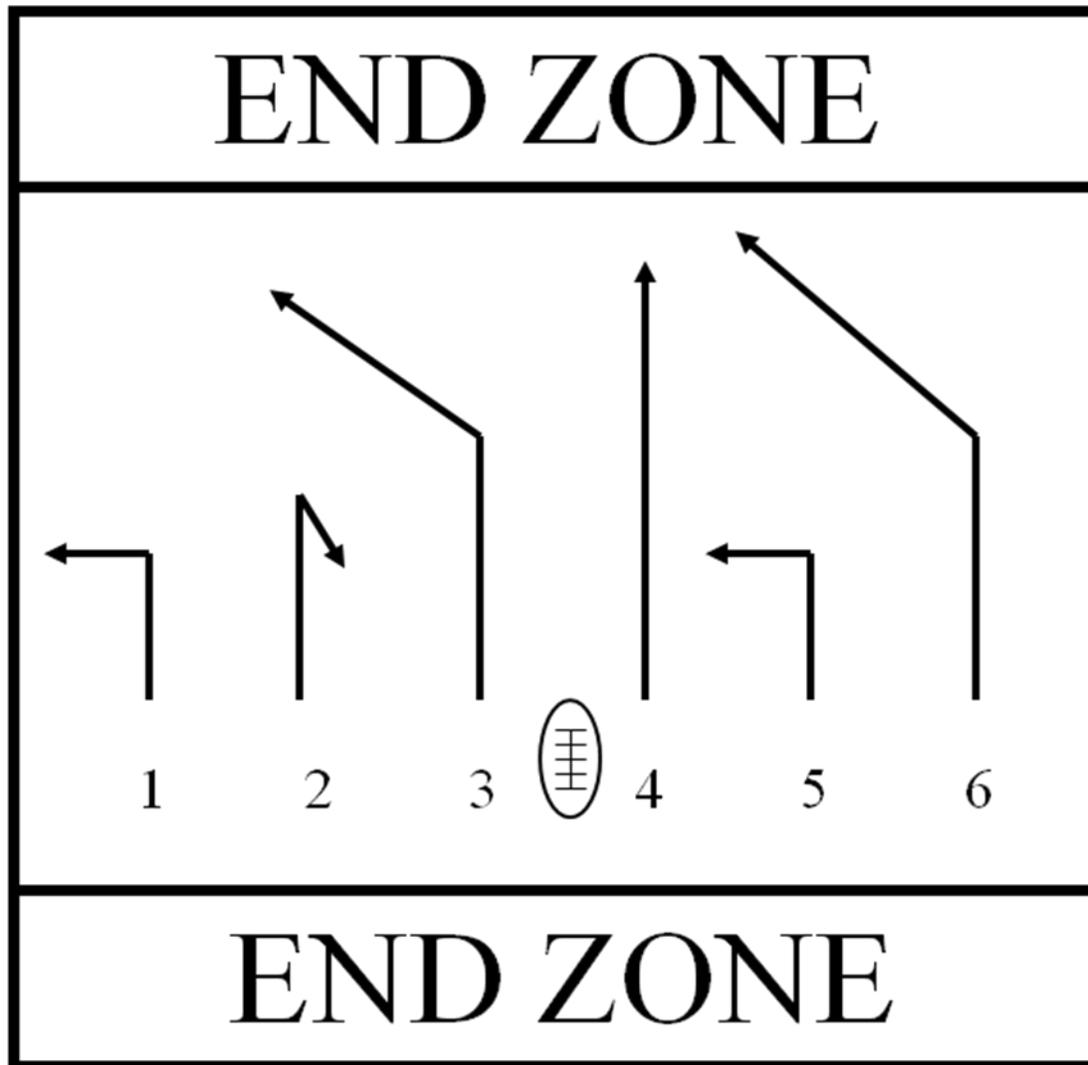
**Safety-** the offensive team that is forced behind the goal line they are defending; score 2 points for the defense and the ball.

**Snap-** The center passes or hands the ball backward from the scrimmage line to one of the backs.

**Tackling-** Removing the ball carrier's flag.

**Touchback-** any ball kicked over the goal line. Ball is brought out to the 20-yard line.

## Pass Patterns:



1 \_\_\_\_\_ Out \_\_\_\_\_

4 \_\_\_\_\_ Fly \_\_\_\_\_

2 \_\_\_\_\_ Hook \_\_\_\_\_

5 \_\_\_\_\_ In \_\_\_\_\_

3 \_\_\_\_\_ Flag \_\_\_\_\_

6 \_\_\_\_\_ Post \_\_\_\_\_