



Pre-Class Student Survey: Aurora Central High School

Name	
Grade	
Date	

- 1) Do you know the story of how your food is grown or where it comes from?
 - a) Yes
 - b) No
 - c) Not sure

- 2) Do you or your family grow your own food or purchase foods from a local farm, farmers' market, or community garden?
 - a) Yes
 - b) No
 - c) Not sure

- 3) How often do you read the nutrition information or ingredients on a food label before purchasing a snack?
 - a) Never
 - b) Sometimes
 - c) Always
 - d) There is no label on my snack

- 4) Do you know how the food choices you make impact the soil, water, the air, or the environment?
 - a) Yes
 - b) No
 - c) Not sure

- 5) How much do you think teen food choices are influenced by marketing from big companies?
 - a) Very significantly
 - b) Significantly
 - c) Somewhat significantly
 - d) Not significantly
 - e) I don't know

- 6) On a typical day, how many times do you eat fruits and/or vegetables?
- a) 5 or more times a day
 - b) 4 times a day
 - c) 3 times a day
 - d) 2 times a day
 - e) 1 time a day
 - f) 0 times a day
- 7) Do you know what changes have been made at your school to improve school meals?
- a) Yes
 - b) No
 - c) Not sure
- 8) How often do you cook a meal to eat on your own or with family and friends?
- a) Every day
 - b) Once or twice a week
 - c) Every two weeks
 - d) Once a month
 - e) Never
 - f) Other: _____
- 9) How often do you eat fast food?
- a) 1-2 days a week
 - b) 3-4 days a week
 - c) 5-6 days a week
 - d) 7 days a week
 - e) 1-3 times a month
 - f) Less than one time a month
 - g) Never
- 10) On a typical day how many servings of sodas, fruit juice, energy drinks or other sweetened beverages do you drink?
(A serving size is ½ can of soda or ½ of a small bottle of juice/energy drinks)
- a) 5 or more
 - b) 3-4
 - c) 2
 - d) 1
 - e) None