



National Association for Sport and Physical Education

an association of the American Alliance for Health, Physical Education, Recreation and Dance

NASPE Sets the Standard

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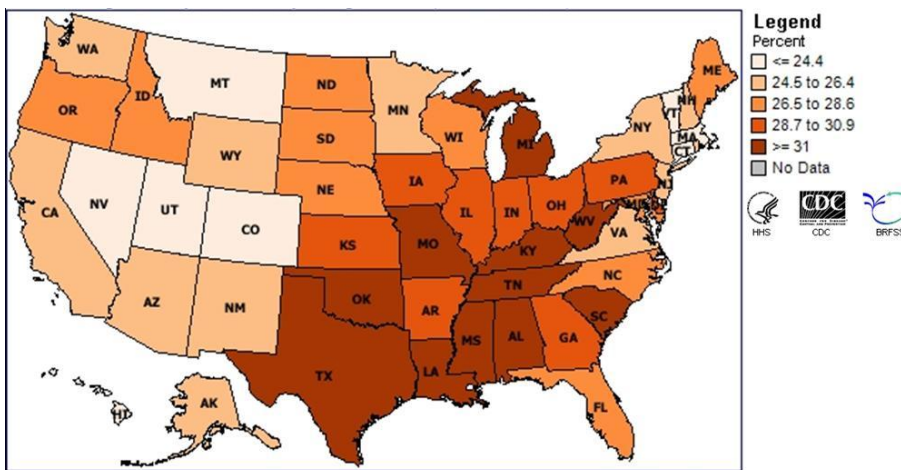
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North Dakota

Quality Physical Education → Healthy & Active Lifestyles → Reduced Health Care Costs

Behavioral Risk Factor Surveillance System

2010 Percentage of Respondents Reporting Obese (BMI 30.0 – 99.8)



**2010 North Dakota  
Obesity Rate:  
27.8%**

Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2010.

Does North Dakota...	YES	NO
Does ND mandate elementary school Physical education	X	
Does ND mandate middle school/junior high school physical education	X	
Does ND mandate high school physical education	X	
Does ND have its own physical education standards	X	
Does ND require student assessment in physical education		X
Does ND provide funding for professional development for PE teachers		X
Has ND adopted a policy stating that each district will have someone to oversee or coordinate physical education	X	

Source: Shape of the Nation Report: Status of Physical Education in the USA (2010). National Association for Sport and Physical Education.

STUDENT PARTICIPATION IN PHYSICAL EDUCATION	North Dakota High School Students %	U.S. High School Students %
Did not attend physical education classes daily (5 days in an average week when they were in school)	68.5 (62.6-73.9)	69.7 (64.2-74.6)

Source: Youth Risk Behavior Survey (YRBS) 2007. Centers for Disease Control and Prevention.

PEP Grant State Funding Levels for North Dakota 2001-2011:

**\$5,802,086.00**

Source: Compiled by NASPE: <http://www.aahperd.org/whatwedo/advocacy/upload/PEP-Grant-Funding-2001-2011-web.xlsx>



SPEAK Out! Day

Supporting Physical Education & Activity K-12