



National Association for Sport and Physical Education

an association of the American Alliance for Health, Physical Education, Recreation and Dance

NASPE Sets the Standard

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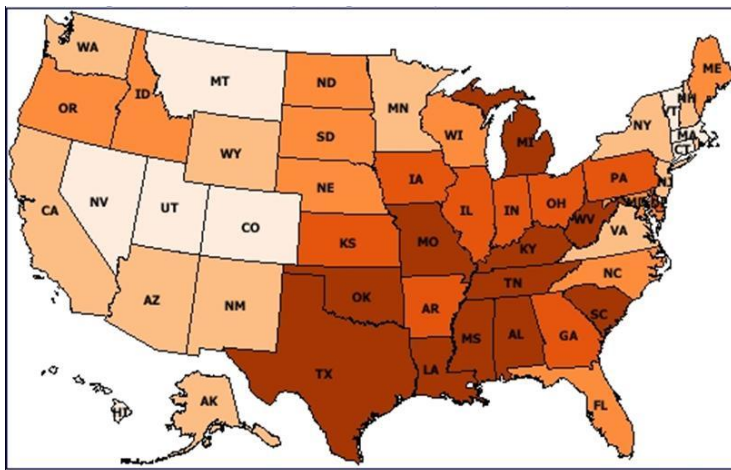
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Iowa

Quality Physical Education → Healthy & Active Lifestyles → Reduced Health Care Costs

Behavioral Risk Factor Surveillance System

2010 Percentage of Respondents Reporting Obese (BMI 30.0 – 99.8)



Legend  
Percent  
 <= 24.4  
 24.5 to 26.4  
 26.5 to 28.6  
 28.7 to 30.9  
 >= 31  
 No Data



**2010 Iowa  
Obesity Rate:  
29.1%**

Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2010.

Does Iowa...	YES	NO
Does IA mandate elementary school Physical education	X	
Does IA mandate middle school/junior high school physical education	X	
Does IA mandate high school physical education	X	
Does IA have its own physical education standards		X
Does IA require student assessment in physical education		X
Does IA provide funding for professional development for PE teachers		X
Has IA adopted a policy stating that each district will have someone to oversee or coordinate physical education		X

Source: Shape of the Nation Report: Status of Physical Education in the USA (2010). National Association for Sport and Physical Education.

STUDENT PARTICIPATION IN PHYSICAL EDUCATION	Iowa High School Students %	U.S. High School Students %
Did not attend physical education classes daily (5 days in an average week when they were in school)	80.0 (69.0-87.7)	69.7 (64.2-74.6)

Source: Youth Risk Behavior Survey (YRBS) 2007. Centers for Disease Control and Prevention.

PEP Grant State Funding Levels for Iowa 2001-2011:

**\$9,834,865.00**

Source: Compiled by NASPE: <http://www.aahperd.org/whatwedo/advocacy/upload/PEP-Grant-Funding-2001-2011-web.xlsx>



SPEAK Out! Day

Supporting Physical Education & Activity K-12