



The *Shape of the Nation Report* raises awareness and provides data for ongoing evaluation of progress made and challenges remaining in American physical education policies. Physical education specialists in all 50 state education agencies and the District of Columbia were surveyed to conduct this report.

The full 2012 *Shape of the Nation Report* is available for free download at:
www.naspeinfo.org/shapeofthenation.

Recommendations for Action

- Share the *Shape of the Nation Report* with:
 - * State and federal legislators
 - * School board
 - * State board of education
 - * School administrators
 - * Parents
- Compare your state with other states in the nation using the Key Policies and Practices chart from the *Shape of the Nation Report*
- Support state and federal legislation impacting physical education

2012 Shape of the Nation Report Highlights!

**Note:* Statistics below are out of 51 states, with the District of Columbia being considered a state for the purposes of this report.

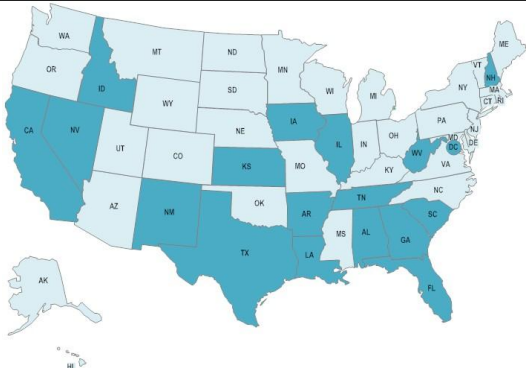
50 states have state standards for PE	26 states require student assessment in PE	14 states require fitness assessments
28 states require PE grades to be included in students' GPA	11 states prohibit using physical activity as punishment	

Elementary School PE State Mandate
 2012 - **43 states**
 2006 - **36 states**

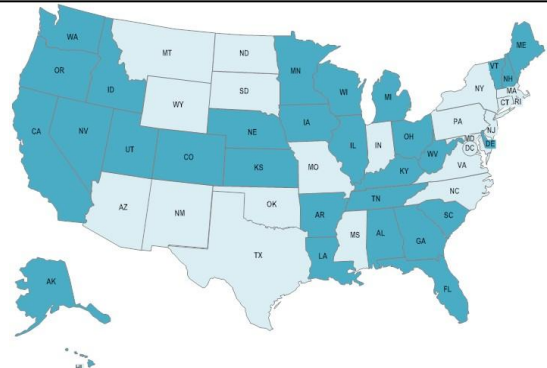
Middle School PE State Mandate
 2012 - **41 states**
 2006 - **33 states**

High School PE State Mandate
 2012 - **44 states**
 2006 - **42 states**

2006 Shape of the Nation
States that allow exemptions/waivers from PE
18 states



2012 Shape of the Nation
States that allow exemptions/waivers from PE
28 states



This project was supported by the professional members and leaders of the National Association for Sport and Physical Education (NASPE), an association of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), and by the volunteers and leaders of the American Heart Association (AHA).

For further information contact Carly Braxton at cbraxton@aahtperd.org, 1-800-213-7193 ex.476