

Skills Worksheet

Directed Reading

Lesson: Using Drugs

1. What is the term for any substance other than food that changes a person's physical or psychological state?
- _____

IS IT A DRUG OR NOT?

- _____ 2. Unlike food, drugs do not provide your body with any
- a. nutrients.
 - b. flavor.
 - c. color.
 - d. texture.

TAKING DRUGS ORALLY

- _____ 3. Which of the following is a way of taking drugs orally?
- a. swallowing
 - b. chewing
 - c. drinking
 - d. All of the above
4. What is the term for medicine in a solid form?
- _____

TAKING DRUGS BY INJECTION

5. What is the name for the needle used to give a shot or an injection of a drug into the body?
- _____

TAKING DRUGS BY SMOKING

6. What is the most common drug that is smoked?
- _____
- _____ 7. Which of the following is NOT contained in tobacco smoke?
- a. nicotine
 - b. carbon monoxide
 - c. marijuana
 - d. tar

Directed Reading *continued*

INHALING DRUGS

- _____ 8. Some drugs, such as those used to treat asthma, are stored in air or gas and are then breathed in through a device called a(n)
- a. pump.
 - b. inhaler.
 - c. needle.
 - d. incubator.
9. What are anesthetics?

OTHER WAYS THAT DRUGS ARE TAKEN

10. What is the name of the patch that sticks to the skin and slowly releases medicine into the bloodstream?

SAME DRUG, DIFFERENT FORMS

- _____ 11. Which of the following methods of taking penicillin would have the strongest and fastest effect?
- a. orally
 - b. smoking
 - c. inhaling
 - d. injecting

Lesson: The Use of Drugs as Medicine

12. What is a medicine?

PRESCRIPTION MEDICINE

- _____ 13. To get prescription medicine, you must have written instructions from your doctor, known as
- a. a prescription.
 - b. doctor's orders.
 - c. a medical exam.
 - d. a physical.

Directed Reading *continued*

OVER-THE-COUNTER MEDICINE

14. Why are over-the-counter medicines sold without a prescription?

Lesson: Drug Misuse and Abuse

USING MEDICINES IMPROPERLY

15. What is the term for any use of a medicine that is different from the intended use?

_____ 16. Which of the following is NOT a rule to follow when taking medicine?

- a. Follow all instructions.
- b. Never increase the amount of the medicine that you are taking without your doctor's permission.
- c. Stop taking the medicine as soon as your symptoms stop.
- d. Never take someone else's prescription medicine.

WHEN DOES MISUSE BECOME ABUSE?

17. Define *drug abuse*.

Lesson: Drug Addiction

WHAT IS ADDICTION?

Match each definition with the correct term. Write the letter in the space provided.

_____ 18. the need for a drug in order to function properly

_____ 19. the uncontrollable use of a drug

_____ 20. the negative symptoms that result when a drug-dependent person stops taking a drug

- a. drug addiction
- b. dependence
- c. withdrawal

Directed Reading *continued*

PHYSICAL DEPENDENCE

- _____ 21. Which of the following are symptoms of physical withdrawal?
- a. vomiting
 - b. fever
 - c. anxiety
 - d. All of the above

PSYCHOLOGICAL DEPENDENCE

22. What is psychological dependence?

Lesson: The Consequences of Drug Abuse

PROBLEMS WITH FAMILY AND FRIENDS

- _____ 23. Which of the following is NOT a drug-related problem at home?
- a. having mood swings
 - b. being cooperative
 - c. having violent outbursts
 - d. stealing from family members

PROBLEMS AT SCHOOL

24. Why does learning become difficult for a person who abuses drugs?

MONEY PROBLEMS

25. Often, people who abuse or are addicted to drugs will do anything to get _____ to purchase the drugs.

Directed Reading *continued*

- _____ **34.** Which of the following is NOT a factor in the way marijuana affects a person?
- a.** how much THC the marijuana contains
 - b.** the time of day it is being used
 - c.** how the marijuana is taken
 - d.** what the user's expectations are

IS MARIJUANA HARMFUL?

- 35.** What are the two most common problems associated with marijuana?

Lesson: Hallucinogens and Inhalants

- 36.** What is acid?

HALLUCINOGENS

- 37.** Define *hallucinogens*.

- _____ **38.** What is the term for a sudden reliving of the hallucinogen experience?
- a.** re-live
 - b.** revive
 - c.** flashback
 - d.** quickflash

INHALANTS

- 39.** Define *inhalants*.

- _____ **40.** Which of the following is NOT an effect of inhalants?
- a.** cold relief
 - b.** hallucinations
 - c.** numbness
 - d.** inability to move

Directed Reading *continued*



Lesson: Staying Drug Free

REASONS TO BE DRUG FREE

- _____ 41. Which of the following is NOT a reason to stay drug free?
- a. Drugs can damage your health.
 - b. Drugs can mess up your body and your mind.
 - c. Drugs encourage healthy relationships.
 - d. Drugs are illegal.

42. What can going to jail do for your future?

WAYS TO STAY DRUG FREE

- _____ 43. Which of the following is a way to stay drug free?
- a. Develop a hobby.
 - b. Get involved in community service.
 - c. Read a book.
 - d. All of the above

REFUSING DRUGS

44. What can you do when you are under pressure to use drugs?

SAYING NO IS OK

- _____ 45. By refusing to take drugs, you are saying you refuse to damage
- a. your mind.
 - b. your relationships.
 - c. your future.
 - d. All of the above