

Acronym - “My name is...” Page:

1 In the middle of the page, write your first name vertically.

- a. For each of the letters, write a word or a phrase that may start or is inclusive with that letter.
- b. The word or phrase should describe you or tell something about you (i.e. - likes and/or dislikes).

2 Turn the page – On the back of your NAME Page - Write at least a paragraph (3-5 sentences in length) answering the following questions:

- a. Do you like your name? Explain why.
- b. If you could change your name, what would it be? Explain why?
- c. Write at least a paragraph (3-5 sentences in length) answering the following questions:
- d. What does Health and Physical Education mean to you? Explain why?
- e. What is the difference between physical education and physical activity?
- f. Why is health and physical education important? Explain why?